

## DARE TO DREAM

**Age Range: 12-14, 14-17 years**

Now is the time to realise your girl power. Read the words of the song *Dare to Dream* that was written especially as the theme for the Sydney 2000 Olympics.

### DARE TO DREAM – Sydney 2000 Olympics theme song

I am my own believer, In my heart the reason  
I will follow the light from within  
I'm not afraid of weakness, I'm gonna taste the sweetness  
Of the power not to give in, Oh I will see it through  
I believe this is my moment of truth

Dare to dream, Dare to fly  
Dare to be the ever chosen one to touch the sky  
Dare to reach, Dare to rise  
Find the strength to set my spirit free  
Dare to dream

I will go the distance, Embrace resistance  
I will lay my soul on the line  
When the wait is over, And the hunger has spoken  
If I give my all, I will shine, Oh I will see it through  
I believe, this is my moment of truth

Dare to dream, Dare to fly  
Dare to be the ever chosen one to touch the sky  
Dare to reach, Dare to rise  
Find the strength to set my spirit free  
Dare to dream, Oh

And the heart will shine like the sun  
A million voices together as one  
I believe, I believe, I believe, I believe

Dare to dream, Dare to fly  
Dare to be the ever chosen one to touch the sky  
Dare to reach, Dare to rise  
Find the strength to set my spirit free  
Dare To dream

**Ask yourself:** What were the writers trying to symbolise using these words?  
What message were they trying to get across to me?

**Activity:** Individually or as a Patrol or Unit, make a mural expressing all your dreams and ambitions. Include a drawing or photo of yourself and write beside it what you most want to achieve for yourself and what you hope for the world.

**Activity:** A girl called Kakenya dared to dream. Find out about Kakenya's dream at <http://www.kakenyasdream.org> . What do you think motivated Kakenya's dream? Do you think her dream was too ambitious?